

# HUMANIST COMMUNITY IN SILICON VALLEY



**TOMORROW!  
TOMORROW!  
THE SUN WILL  
SHINE  
TOMORROW!**



## December Forums

### December 3: How to be a Superwoman in Today's World

Women often feel like they need to be superheroes just to keep up with their jobs, families, friends, and side interests. Real superwomen don't try to be everything to everyone. Success comes from focusing on what has heart and meaning, boosting inherent skills, and being open to new opportunities. This talk will show women - and men - how to discover their unique creative abilities and use them to reclaim their power, accelerate their careers, and revitalize their lives.

Dr. Michelle Chappel is an internationally acclaimed singer-songwriter and speaker with a Ph.D. in psychology from Princeton, who has given many uplifting forums to our group for many years!

### December 10: Humor and Your Health

Humor plays an important part in our lives not only because it is enjoyable but because it contributes to our mental and physical well-being. Our bodies and minds are inextricably connected. Our thoughts have an impact on our bodies. This talk will focus on the role of humor in promoting overall health.

Susan Cabrera has her master's degree in Counseling Psychology from Stanford with emphasis in behavior modification. She has been a counselor at the Stanford Institute for Behavioral Counseling and a clinical researcher at the Stanford Department of Psychiatry. Susan's poetry book, *Life in the Fast Lane*, will be available for sale and personal dedications after the talk.

### December 17: Humanism in Puerto Rico

Antonio J. Torres will speak about his experiences concerning legal aspects of the church and state relationship in Puerto Rico. He is with HAFree, Hispanic American Freethinkers, here in the states, and was formerly a board member and treasurer for Humanistas Seculares de Puerto Rico ([www.humanistaspr.org](http://www.humanistaspr.org)) before moving to California last year.

### December 24: The Grateful Garments Project

The mission of the Grateful Garments Project is to ensure that every victim of a sexual crime who seeks medical attention and/or law enforcement involvement is provided with whatever new clothing, toiletries, and other items that he or she may require. Our mission encompasses all victims of sexual violence. Executive Director and Founder Lisa J. Blanchard's combination of experience in nonprofit, customer service, law, and management produces the leadership required to bring the Grateful Garment Project to California and beyond. Lisa holds an AS in Business, a BS in Human Services and a masters in Nonprofit Administration. It is her vision that no victim of sexual assault ever experience further suffering due to lack of resources.

### Forum Will Also Include Holiday Decorations and Lunch

### December 31: New Year's Eve Day – No Forum Today

#### Forum Information

Sundays 11AM-12:15PM -- Free and open to the public  
Lunch 12:30-1:30PM -- A donation of \$10 is requested  
Humanist House -- 1180 Coleman Ave, San Jose 95110

A Place for All of Us - **Humanist House**  
Most Events Free to the Public  
Event Space Available at a Nominal Cost

## Humanist Community in Silicon Valley

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www.humanists.org



### Editor

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### Production

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Our newsletter can be accessed online. Go to  
[www.humanists.org/blog/newsletter](http://www.humanists.org/blog/newsletter)

### Executive Director

Debbie Allen  
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### Board of Directors

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Pam Erwin	Alfred Jan
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### Contact the Board

ed@humanists.org  
Members of the Humanist Community are welcome to attend all board meetings, and vote in the annual election.

### Do you need help?

If you need assistance such as a ride, some groceries delivered, etc., send a request to ed@humanists.org.

### Shout Out to our December Birthdays

Helen Athey	Beverly Crowell	Joseph Degany
Lester Earnest	Brandon Fields	Gerald Gras
Ben Griffin	John Jackson	Alfred Jan
Jeff Justice	Herman Levenson	Bill Potts
Nancy Russo		

### Special Thanks to the Following for Their Generosity

<b>President's Club</b>	Hilton Brown
<b>Ambassador's Club</b>	
Matt Courtney	Arthur Jackson
Susan and Bob Kresek	Jeff Justice
Lola and Bob Stephens	Martin Squibbs
Herman Winick	Min and Ed Yates

Join Meetup for complete information for all our events.

Still need more info? Leave a message at 408-650-8466

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## HUMANIST HOUSE NEWS

The Board of the Humanist Community plans to reduce the newsletter from 4 pages to a single sheet 2 page newsletter to reduce expenses.

The plan will mean there will be no cover picture, a very reduced description of the upcoming forums, and the Calendar of Events write-ups (page 3) will be removed. The calendar on the back of the newsletter (page 4) will fill all of one side of the new newsletter so there will be room for the title and speaker of the Sunday talks. Detailed descriptions of forums and events will still be available on Meetup and on our website ([www.humanists.org](http://www.humanists.org)).

If you wish to comment on the proposed changes write me at [havasy@live.com](mailto:havasy@live.com) and put newsletter in the subject line.

- Alex Havasy

### Ode to HCSV, Part IV, 2017

Here is a poem  
About our new home  
Now in San Jose  
Some said, too far away  
But the idea was to grow  
And it's happening, though slow  
With many changes this past year or two  
Day and night, new things to do  
As always, our forums are delightful  
With speakers passionate and insightful  
Then it's on to pizza and our lunch buffet  
A perfect way to start the day  
If you've been coming on a regular basis  
Then you already know many of the faces  
And know that even as religion thrives  
This is the place where humanism survives.  
Put it all together, and the result is this:  
We've created a bit of secular bliss.

-Marian Sanders

### About the Cover Picture

These are dark days. Over many years of hard work persuading politicians to enact laws and regulations to protect the quality, for ourselves and our children, of our water, air, food, land, oceans, wildlife and even our power for good in the world are now on the chopping block, to say nothing of Social Security and Medicare, safe, legal and rare abortions, health insurance and protection against the next disastrous move by the big banks  
We are heading rapidly back to the days of coat hanger abortions, contaminants in our food, unprotected national parks, and even greater oppression of the many by the few. (Yes, that is possible!)

We fight to beat back as much harmful legislation as we can with the voice of the people sounding in the courts, on the streets and in the halls of congress. Against so much that is clearly illegal we find the court's our first line of defense.

We must believe that we will survive all this, that the plans of the right, crafted over many years, will somehow be submerged by an aroused citizenry and that **the Sun will Shine Tomorrow.**

Run for office, support those who do, write letters to the editor. Join #Resist and Indivisible.org. , march, sign petitions or circulate them.

**Get involved! The world is run by those who show up!**

- Sena



# Calendar of Events

## Free Thought Discussion

Wednesdays, 7:30 PM

### Home of Hilton Brown in Mountain View

First Wednesday of the month we discuss recent news. Other Wednesdays we will be discussing a new book selected at start of November meeting. These discussions range far from the topic, so don't worry about being up to date on the book or the news. Go to [www.humanists.org/blog/free-thought-discussion](http://www.humanists.org/blog/free-thought-discussion).

## Academic Video

Thursdays, 8:00 PM

### Home of Hilton Brown in Mountain View

The Academic Video Group watches videos from *The Great Courses*, followed by discussion. We will be watching *The Great Ideas of Psychology* by Professor Daniel N. Robinson.

Email [carl@angotti.com](mailto:carl@angotti.com) or call 650-941-3146

## Fun Group -- Lantos Center for Compassion

Saturday, December 2, 11:00 AM

### Tom and Annette Lantos Center for Compassion

1450 Rollins Rd., Burlingame, CA 04010

Meet at the main entrance

Cost: Free

Looking for a holiday gift for a furry friend or a friend with a furry friend? Or looking to start the year with a new furry friend? Come join us as we explore the Tom and Annette Lantos Center for Compassion. In addition to adoptions, the LEED-certified green building offers peeks into behind-the-scenes work for kittens, dogs and wildlife, and a one-of-a-kind hands-on learning space for kids.

Info [peninsulahumanesociety.org/about/lantos/](http://peninsulahumanesociety.org/about/lantos/) or call 650-340-702.

RSVP especially, first time attendees, [hcfungroup@yahoo.com](mailto:hcfungroup@yahoo.com)

## Movie Night for Skeptics

2nd Friday, December 8, 7:00 PM

### Humanist House

The Humanist Community and the Silicon Valley Skeptics invite you to watch *The Crucible*. A Salem resident attempts to frame her ex-lover's wife for being a witch in the middle of the 1692 witchcraft trials.

## Ruth Bader Ginsburg Women's Group

Saturday, December 9, 2:30 PM

### Humanist House

The regular meeting features conversation, support, a report on *What Happened* by Hillary Clinton, light refreshments, and a raffle.

RGB December Outing, Solstice party December 21st, 1:00 pm.

Contact Sena for info: [senahav@gmail.com](mailto:senahav@gmail.com)

## Social Action Meeting

Sunday, December 10, 1:30 - 2:30 PM

### Humanist House

Gather to plan social action projects and events.

## Video Game Development

Monday, December 11, 7:00 PM

### Humanist House

Join us and learn the Unity 3d game engine ([unity3d.com](http://unity3d.com)), the premier cross platform game engine.

## Citizens' Climate Lobby

Tuesday, December 12, 7:00 PM

**New members please show up at 6:30 PM**

### Humanist House

The Silicon Valley South Chapter of Citizens' Climate Lobby invites you to join their effort to advance a national carbon tax to reduce CO2 emissions and grow jobs and the economy.

## South Bay Philosophy and Critical Thinking

2nd Thursday, December 14, 7:00 - 9:00 PM

### Humanist House

This is a roundtable discussion on the great questions. We touch on traditional philosophy themes to see how they fit in the current world. Everyone gets to speak and express their position, while we all listen to a wide range of experiences and backgrounds. Please bring a snack to share, and the beverage of your choice.

## Game Night at Humanist House

Friday, December 15, 7:30 PM

### Humanist House

We'll choose between a variety of games including Trivial Pursuit (dividing into teams), Cards Against Humanity ("a party game for horrible people"), or ... bring your favorite. Beer and wine OK. We'll provide a few snacks, and feel free to bring your favorite to share.

## Community Information Meeting

Monday, December 18, 7:00 PM

Members are invited to discuss our financial development plans.

## Board Meeting

3rd Monday, December 18, 8:00 PM

### Humanist House

Meetings are open to all members of the Humanist Community

## Holiday Buffet after Forum

Sunday, December 24, 12:30 PM

### Humanist House

### Become a member of the Humanist Community in Silicon Valley

Membership fees are due annually on the first day of January. Payments made from November 1st will be credited to 2018.

#### Membership Level

_ Reduced Membership	\$25
_ Individual Membership	\$50
_ Household Membership	\$75
_ Contributing Member	\$150
_ Supporting Member	\$250
_ President's Club	\$500
_ Ambassador's Club	\$1000

Is this a renewal? \_ Yes \_ No

Additional Donation \$ \_\_\_\_\_ Date \_\_\_\_\_

Total Amount Paid \$ \_\_\_\_\_ (membership fee + donation)

Name \_\_\_\_\_ Email \_\_\_\_\_

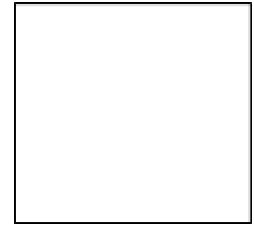
Cell Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_



Humanist Community in Silicon Valley  
 Humanist House  
 1180 Coleman Avenue  
 San Jose, CA 95110

ADDRESS SERVICE REQUESTED



## December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 1:00 PM Fun Group
3 11:00 AM Forum 12:30 PM Buffet Lunch	4	5 7:30 PM LifeRing	6 7:30 PM Free Thought Discussion	7 8:00 PM Academic Video	8 7:00 PM Skeptic Movie Night	9 2:30 PM Ruth Bader Ginsburg Women's Group
10 11:00 AM Forum 12:30 PM Buffet Lunch 1:30 PM Social Action 5:00 PM Winter Solstice Celebration	11 7:00 PM Video Game Development	12 7:00 PM Climate Lobby 7:30 PM LifeRing	13 7:30 PM Free Thought Discussion	14 7:00 PM Philosophy Group 8:00 PM Academic Video	15 7:30 PM Game Night	16
17 11:00 AM Forum 12:30 PM Buffet Lunch	18 7:00 PM Community Info meeting 8:00 PM HCSV Board Meeting	19 7:30 PM LifeRing	20 7:30 PM Free Thought Discussion	21 1:00 PM RGB Group Holiday Outing 8:00 PM Academic Video	22 <i>Axial Tilt is the Reason for the Season</i>	23
24 11:00 AM Forum Holiday Buffet with Decorations and Gifts	25	26 7:30 PM LifeRing	27 7:30 PM Free Thought Discussion	28 8:00 PM Academic Video	29	30
31 No Forum Today	<i>Happy New Year</i>					

More details can be found at [www.meetup.com/humanistcommunity](http://www.meetup.com/humanistcommunity). RSVP's are always helpful for planning purposes