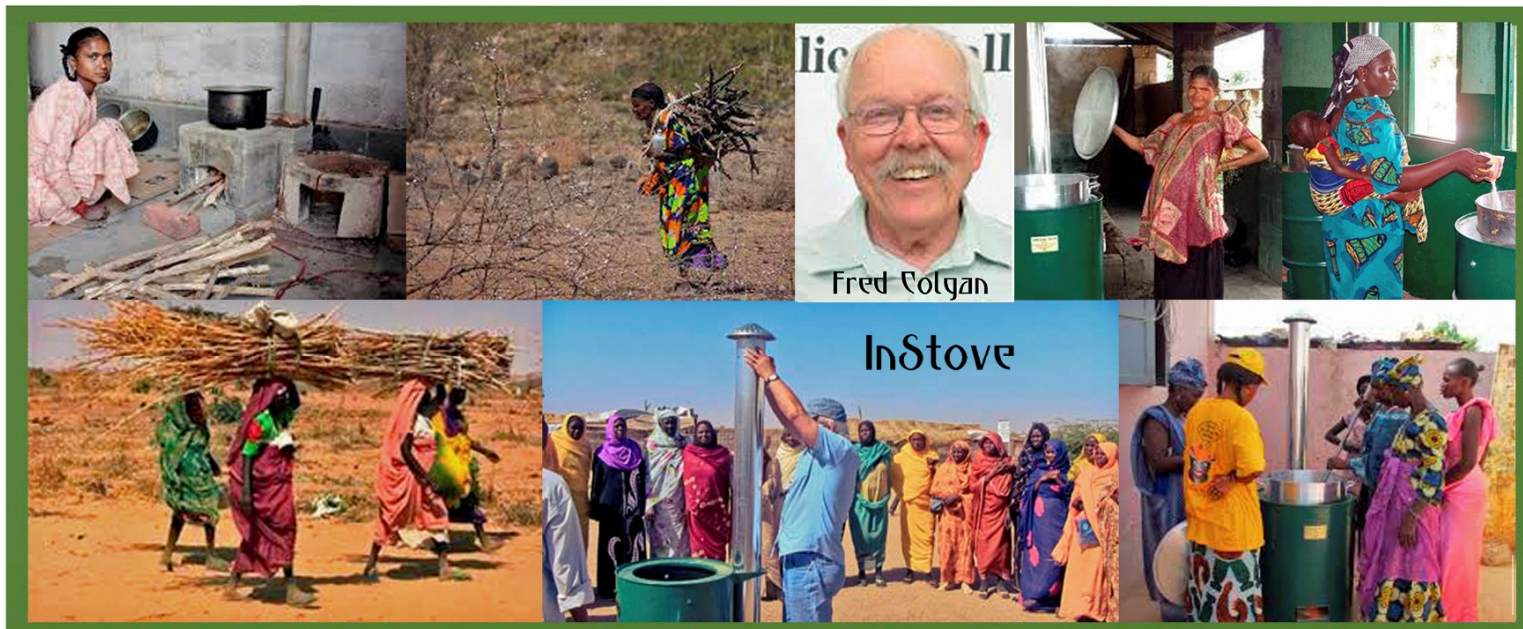


The Newsletter of the
Humanist Community
 in Silicon Valley

Our values – freedom, fairness and compassion
 health and happiness, science and reason to acquire and apply knowledge.



We are long time supporters of Fred Colgan of InStove and his work in Africa. He last spoke at Humanist House on October 30th. See pictures on our MeetUp page.

November Forums

November 6: Science of Contemplative Practice

An interactive presentation exploring the neural science behind Mindfulness, a current practice for relieving pain, anxiety, depression, and addiction, as well as increasing focused attention for students of all ages. Learn how to observe the inner world of thoughts, feelings, and emotions as scientists observe the natural world. Anne Shelly Baumgartner earned her B.A. in science writing at U.C. Santa Cruz, and her M.A.s in education leadership and instructional technology at San Jose State University. Anne is currently the Intern Pathway Coordinator for the Teacher Education Department at the Lurie College of Education at San Jose State University and a Supervisor of Teacher Candidates.

November 13: A Humanist Author's Journey

Timothy Savage previously worked as a journalist, corporate communicator, web geek and freelance writer for more than two decades before devoting himself full time to raising his son. He will be discussing his first published novel, "Davey's Savior". This book takes up themes of fatherhood and misplaced faith from a humanist perspective.

NOTE: This speaker and topic have changed since the newsletter went to print.

FORUM INFORMATION

Humanist House 1180 Coleman Avenue, San Jose 95110,
 Sundays 11 AM-12:15 PM – Free and open to the public.
 Lunch 12:30-2 PM. - A donation of \$10 is requested.

November 20: Forward to the Past: Life in a Second-World Country

Armenia, a former Soviet republic and a member of today's Commonwealth of Independent States (CIS), is an average country. It is "middle of the road" among the CIS countries: corruption, economy, income disparity, you name it. By most measures, Armenia is the average of two extremes: Belarus on the bottom and Estonia on the top.

So what's it like to live in the middle? Pretty much like living in America before the Great Depression. People have cars, electricity, factory jobs, and homes, but still make their own bread and cheese. Join Humanist Community member Jason Paul Kazarian for a tour of a second world country where the 21st century has, in some respects, yet to arrive.

November 27: Performance Event

Do you love music? Play a musical instrument and/or sing? Solo, group or sing along? Do you have a favorite poem? Is it one that you've read or one that you wrote yourself? Do you have a skit or dance piece you could share with us? We are looking for participants for our seventh Annual Performance Forum.

We are taking sign-ups at the Greeters Table. Contact Sena Havasy at senahav@gmail.com for more information.

*Humanist Community
in Silicon Valley (HCSV)*

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Alex Havasy

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Letters to the Editor

Letters to the editor may be submitted to havasy@live.com with "Letter to Editor" in the subject line. The length should not exceed 100 words and may be edited for clarity.

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Opinions expressed are those of the authors and do not necessarily reflect the opinions or positions of the Humanist Community.

Our newsletter can now be reached on line. Go to www.humanists.org, then click on "newsletters" on the right side of the menu bar, then select the month and year of the desired newsletter.

Visit Us on Facebook:

Humanist Community in Silicon Valley.

We welcome people to post ideas and information of interest to members of the Humanist Community.

Do you need help?

•For confidential assistance contact Arthur Jackson at 123arthurjackson@gmail.com or call 408-923-3774.

•If you need some other kind of help (for example, a ride to a doctor's appointment, some groceries delivered, a recommendation for a lawyer), email hchelp@yahoogroups.com (which forwards your email to members of the HC HELP group, each of whom may send a reply e-mail to you and the group if they can help). You can reach them through Sena Havasy at senahav@gmail.com.



Humanist House News

I am extremely honored to join the Humanist Community in Silicon Valley as its new Executive Director. I appreciate your trust in me, and I welcome your partnership in making our community all that we hope it can be.

Although I started attending board meetings and weekly forums in September, my first day on the job, officially, was October 1st. I have kept busy these past weeks learning everything I can about the organization and the community so that I am well prepared to constructively address our difficulties and facilitate the realization of our dreams. Fortunately, I work alongside dedicated board members and numerous volunteers who are generous with their time and talents.

I have also been meeting with other community organizers, and attending their events, to strengthen alliances and share ideas as to how we might better realize our common vision for a robust and meaningful humanist/freethought/atheist/skeptic community.

I appreciate the warm welcome and generous help I have received from members. I have noted your compliments and complaints about the Humanist Community, and hope that you will continue to share your insights. I have a new email address, and I encourage you to use it: debbieallen@humanists.org.

Please continue to show your support for the Humanist Community by being active and engaged, and by sharing with your friends and family about your commitment to humanism.

And, if I may ask just one more favor of you, please join Meetup, like our Facebook page, and follow us on Twitter. If we want to engage younger generations of humanists, we must reach out to them where they encounter new friends and discover new possibilities. Our webmaster Jason Kazarian and I will soon announce an after-forum and lunch seminar for signing up and logging in to these websites, and how to help us connect with new members.

In closing, I would like to share some exciting news with you, my new friends: I was recently elected to a second four-year term on the Board of Directors of the American Humanist Association. It is my hope that this close relationship with the AHA will benefit the Humanist Community in Silicon Valley by keeping us better informed about the efforts of the national organization, and by helping us access resources available to local chapters.

I look forward to our building, together, a close and meaningful community -- for all of us.

- Debbie Allen

Public Transport to Humanist House

From the Santa Clara Caltrain station on El Camino Real, catch the #10 bus toward Metro LRT and get off at Coleman and Brokaw (1st stop), cross Coleman, and walk about a block and a half to 1180 Coleman Ave.

Voting should be for everyone.

Voting gives community a voice.

Voting helps allocate resources.

Voting sways the laws.

Amit Varick Amma



Andrea Dorey

1940 - 2016

Andrea was, for many years, a valuable and valued member of our group.

She has served as President, Vice President, Board Member, Archivist and Committee Chair.

In addition she was a caring friend.

She will be greatly missed at the Humanist Community in Silicon Valley.



These women spent 70 years of beatings, arrests, harrassment, and torture to give you the right to vote.

VOTE ON TUESDAY.

It's Your
FUTURE



... how hard is that?

Calendar of Events

Movie Night for Skeptics

The Humanist Community and the Silicon Valley Skeptics invite you to watch "The Man from Earth." A history professor unexpectedly resigns from the university and his colleagues press him for an explanation. He claims that he is immortal and must move every 10 years to avoid discovery. What starts as a friendly gathering builds to a shattering climax.

For further information and to suggest future titles, contact Sena Havasy at senahav@gmail.com or Hunter Perrin of the Skeptics, at hunterperrin@hkperrin.com.

Where: Humanist House, 1180 Coleman Ave., San Jose

When: 2nd Friday, November 11, 7:00 PM

Cost: Free

Free Thought Discussion

We discuss recent news on the first Wednesday of the month, our present book other Wednesdays. Our discussions range far from the topic, so don't worry about not being up to date on the book or the news. Go to www.humanists.org/blog/free-thought-discussion for information on the present book, future books considered, and, our reading schedule. For more information, contact Hilton at: brownofmtview@aol.com.

Where: Home of Hilton Brown in Mountain View

When: Wednesdays, 7:30 PM

Academic Video

The Academic Video Group watches videos from www.thegreatcourses.com, followed by discussion. For details, contact Hilton at: brownofmtview@aol.com or 650-941-3146.

Where: Home of Hilton Brown in Mountain View

When: Thursdays, 8:00 PM

Humanist Community Hiking Group

Periodic hikes are led by Fran and Jim Naylor. If you would enjoy hiking with fellow Humanists and have not previously received an email regarding hikes, please send your email address and phone number to Fran and Jim Naylor at Zaylors@sbcglobal.net. Notification of upcoming hikes will be emailed to those interested.

History Book Group

We are reading about Emma Goldman. For information contact Sena at senahav@gmail.com or 408-739-5638.

Where: Humanist House, 1180 Coleman Ave., San Jose

When: 2nd Thursday, November 10, 2:30 PM

Fun Group

Shakespeare's "Twelfth Night"

The San Francisco Shakespeare Festival will perform an abbreviated, family-friendly version of Shakespeare's Twelfth Night. In this gender-bending play, twins are separated by a shipwreck, everyone falls in love with the wrong person, and a pompous man has his ego deservedly punctured.

Call (415) 558-0888 or visit www.sfshakes.org/programs/shakespeare-on-tour/twelfth-night-2016-17.

Where: Cupertino Community Hall, 10350 Torre Ave., Cupertino, CA 95050.

When: Saturday, November 19, 3:30 PM.

Cost: Free!

Thanksgiving Dinner

Our chip-in, sit-down Thanksgiving dinner will be at the Sunnyvale home of Greg Alexander and Chris Vodges. \$20 covers the basics starting with a great warm avocado appetizer and progressing through turkey, dressing, mashed potatoes and gravy, cranberry sauce, pecan pie and more! Bring something to round it out. (Pie? A vegetable? Your favorite Thanksgiving dish? Ice cream?) Sign up at the Greeter's Table or contact me if you can make it at greg.alexander@me.com or 408-736-2635. Let us know as soon as possible as space is limited.

Where: The home of Chris Vodges and Greg Alexander in Sunnyvale

When: Thanksgiving Day, Thursday, November 24 at 3:00 PM

Cost: \$20

The Family Program

The HCSV Family Program meets Sunday mornings.

Where: Location varies; call 650-247-0478 for details.

When: most Sundays, 10:30 AM to 12 noon.

After the Sunday Forum

Activities are planned for each Sunday afternoon for those interested. 1st Sunday is Video Day; 2nd Sunday is Game Day; 3rd Sunday is Social Action Day; 4th Sunday we'll discuss issues with the Humanist Community.

Where: Humanist House, 1180 Coleman Ave., San Jose

When: 1:30 PM, after the Forum

Membership Committee

We arrange potlucks and seasonal celebrations, including the annual spring dinner honoring the new Board. At the Sunday Forum, we prepare the Greeter's Table, the lectern flowers, and the table decorations. Emi Hester's Sunshine Committee sends paper cards.

The committee is composed of those members of the potluck circle who are willing to serve. Sena Havasy, chair (senahav@gmail.com).

Volunteer at Planned Parenthood

Can you spare a few hours a week for Planned Parenthood? Members of the Humanist Community have been clinic escorts for years. Planned Parenthood can use more volunteers for escort, mailing, phone banking and for other tasks. Contact Melissa Stephens at sivolunteer@ppmarmonte.org or 408 455 2119.

LifeRing Addiction Recovery

"LifeRing" is a non-faith-based, worldwide network of people living in recovery from addiction to alcohol or to other substances. For more information about LifeRing, go to their web site, lifering.org.

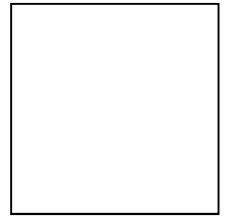
Where: Humanist House, 1180 Coleman Ave., San Jose.

When: Every Tuesday, 7:30 PM.





For information on other groups of interest to Humanists go to www.humanists.org/blog/associated-organizations/.

Humanist Community
 1180 Coleman Avenue
 San Jose, CA 95110



ADDRESS SERVICE REQUESTED

NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <u>7:30 PM</u> LifeRing	2 <u>7:30 PM</u> Free Thought Discussion	3 <u>8:00 PM</u> Academic Video	4	5
6 <u>10:30 AM</u> Family Program <u>11:00 AM</u> Forum	7	8 VOTE! <u>7:30 PM</u> LifeRing	9 <u>7:30 PM</u> Free Thought Discussion	10 <u>2:30 PM</u> History Book Group <u>8:00 PM</u> Academic Video	11  <u>7:00 PM</u> Skeptic Movie Night	12
13 <u>10:30 AM</u> Family Program <u>11:00 AM</u> Forum	14 <u>7:30 PM</u> Board meeting	15 <u>7:30 PM</u> LifeRing	16 <u>7:30 PM</u> Free Thought Discussion	17 <u>8:00 PM</u> Academic Video	18	19  <u>3:30 PM</u> Fun Group "12th Night"
20 <u>10:30 AM</u> Family Program <u>11:00 AM</u> Forum	21	22 <u>7:30 PM</u> LifeRing	23 <u>7:30 PM</u> Free Thought Discussion	24  <u>3:00 PM</u> Thanksgiving Dinner <u>8:00 PM</u> Academic Video	25	26
27 <u>10:30 AM</u> Family Program  <u>11:00 AM</u> Forum Performance Even	28	29 <u>7:30 PM</u> LifeRing	30 <u>7:30 PM</u> Free Thought Discussion			