



The mission of the Humanist Community is to meet the social, intellectual, and emotional needs of Humanists of all ages; to contribute to the well-being of the larger community; and to be a voice for Humanism.

Volume 19 Issue 5

P.O. Box 60069, Palo Alto, CA 94306-0069

May 2013

www.humanists.org

650-964-7576

infohcsv@yahoo.com



Carl Angotti Humanist of the Year 2012

Hilton Brown Lifetime Achievement Award



Writeup on p. 2

May Forums

May 5 Jim Mulvaney, FT, on Kara's Grief and End-of-Life Support

The mission of Kara's counseling services is to provide grief support for children, teens, families and adults who are grieving, as well as to those coping with a terminal illness (their own or another's). Since 1976, this Palo Alto nonprofit organization has been offering a safe and caring environment where those coping with death and dying can express their feelings of grief. Jim Mulvaney, Director of Training and Education for Kara, will describe the grief process, share insights into how to help someone who is grieving, and give us an overview of Kara's services.

May 12 Sudhanshu Jain on Climate Change Denial and Why We Need a Carbon Tax

After working as an engineer for 25 years, Sudhanshu "Suds" Jain decided that the impending climate crisis was far more important than designing the next switch chip for computer networking. In 2008, he retired from Broadcom Corporation to become a "professional volunteer."

Jain is on the board at Acterra, and was in the pioneer class of their "Be The Change" leadership program; for the past three years, he has been doing free home energy audits with their "Green at Home" program. He has also installed solar panels on low income housing with Grid Alternatives, and been active with Citizen's Climate Lobby, which advocates for a carbon tax with 100% revenue recycling (dividends to consumers). Since 2011, he has been teaching "climate change science" to middle school students at Discovery Charter School in San Jose.

May 19 Cynthia Chin-Lee on Cohousing: A New Kind of Neighborhood

Cynthia Chin-Lee, associate member of the Mountain View Cohousing Community, will lead a panel on co-housing

communities near Palo Alto. A local children's book writer, who spoke to the Humanist Community last year about her children's book, *Operation Marriage*, Chin-Lee will pose questions to panelists Emily Rosen, PatZy Boomer, and Lee Daniel Erman.

Rosen is a certified massage therapist and enthusiastic member of Greenwave, a small cooperative community in East Palo Alto. She has lived at Greenwave for three years.

PatZy Boomer is in the Gerontology program at Foothill College and serves on the board of the California Council on Gerontology and Geriatrics. Boomer's determination to live "a different way" crystallized after seeing the devastating effect of social isolation her mother experienced when she stopped driving.

Lee Daniel Erman is a hospital-based massage therapist and former computer scientist. He and his wife have been involved in creating the Mountain View Cohousing Community since 2009, and are eagerly anticipating moving in at its completion in 2014.

May 26 Saeko Izuta on Hiking the John Muir Trail

Last July, Izuta hiked the 210-mile John Muir Trail, starting from Yosemite Valley and ending at the top of Mt. Whitney, the highest mountain in the continental United States. She took 25 days to hike the trail by herself, carrying a tent, sleeping bag, rain gear, warm clothing and enough food to keep her going. Along the way, she took about 180 photos, some of which she'll project on a screen during her talk.

FORUM INFORMATION

Palo Alto High School - Student Center

50 Embarcadero Road, Palo Alto 94301 Sundays 11 a.m.-12:15 p.m. Free and open to the public. Lunch 12:15-2 p.m.; a donation of \$10 is requested



Editor

Alex Havasy

Production

Hilton Brown, Helen Athey, Marian Sanders, Carl Angotti

Letters to the Editor

Letters to the editor may be submitted to infohcsv@yahoo.com. The length of your submission should not exceed 100 words and may be edited for clarity.

Board of Directors

Arthur Jackson, President

Martin Squibbs, Vice President

Helen Athey, Recorder

Marie Stephens, Treasurer

Hilton Brown

Harrienne Mills

Paul Gilbert

Andrea Dorey

Peng Zhang

To contact the Board

e-mail Arthur@arthurmjackson.com

Disclaimer

Opinions expressed herein are those of the authors and do not necessarily reflect the opinions or positions of the Humanist Community.

HELP

Do you need some help?

· For confidential assistance contact Arthur Jackson at Arthur@arthurmjackson.com or call 408-923-3774.

· If you need to talk to someone about a problem you're having, call Arthur Jackson at 408-923-3774.

· If you need some other kind of help (for example, a ride to a doctor's appointment, some groceries brought by, a recommendation for a lawyer), email hchelp@yahoogroups.com (which forwards your e-mail to members of the HC HELP group, each of whom may send a reply e-mail to you and the group if they can help), or contact Sena Havasy at senahav@gmail.com.

Carl Angotti – Humanist of the Year

Named Humanist of the Year 2012, Carl has undertaken for us the Herculean task of creating a master database containing 44 data fields. Carl was born in Pittsburgh, PA, has received BS and MS Engineering degrees and an MBA. He has spent his life in electronic engineering and is presently semi-retired. He sits on two professional non-profit boards and manages our investments. For a change of pace he attends the video and book groups at Hilton's 'Humanist House' and the weekly Forum where he can get away from technical stuff for a while.

Hilton Brown – Lifetime Achievement Award

Hilton Brown was honored for his Lifetime Achievements at the Annual Board Inauguration Dinner. He was born in Indiana, received a BS and MA in engineering and served in the army. After retiring from a career in power engineering he turned to volunteer work for the greater good. He came to us in 1992 via Planned Parenthood, one of his many community activities. He hosts events, including the Video and Book Groups at his home, 'Humanist House', and his presence on our board has been invaluable.

Sena H.

Calendar of Events

Fun Group Outing South Bay Bird Fest

Attend the annual South Bay Bird Fest at the Don Edwards San Francisco Bay National Wildlife Refuge for a live birds show, crafts, face painting, puppet show, guided bird walks, games, and hands-on activities.

The Don Edwards San Francisco Bay National Wildlife Refuge, the first urban National Wildlife Refuge established in the United States, is dedicated to preserving and enhancing wildlife habitat, protecting migratory birds, protecting threatened and endangered species, and providing opportunities for wildlife-oriented recreation and nature study for the surrounding communities.

What: South Bay Bird Fest

Where: The Environmental Education Center, Alviso, CA

When: Saturday, May 11, noon

Admission: Free!

For more information, visit:

www.fws.gov/refuge/don_edwards_san_francisco_bay/ or call (408) 262-5513.

Humanist Community Hiking Group

Watch the website for information about a May hike.

Welcoming Committee

We schedule small monthly get-acquainted gatherings in private homes, assist with all holidays, greet visitors, and keep ourselves informed about goings-on in the Community. We meet on the 3rd Thursday of each month at 3:00 p.m.

If you are interested in attending, hosting a Coffee & Dessert, or being on the Welcoming Committee, please contact Dianne Jacobsen, Committee Chair, diannej24@yahoo.com or Sena Havasy, senahav@gmail.com, or any one of us at Forum on Sunday.

Membership Committee

The Membership Committee arranges potlucks and seasonal celebrations including the annual spring dinner honoring the new board. At the Sunday Forum it prepares the Membership Table, the lectern flowers and the table decorations. It keeps Membership and Events Photo Albums and provides photographs. It creates name buttons. It provides directories and contacts members to update information. Birthday cards are sent electronically. Sandy Smith's Sunshine subcommittee sends paper cards.

Feedback and volunteers are always needed. Please contact me at senahav@gmail.com or 408-739-5638.

Sena Havasy,
Membership chair

The Family Program

The HC Family Program is designed for children ages 4 to 13 in freethinking humanist families. The parents supervise the program. Participants involve themselves in science, art, and drama projects, reflecting the ideas and goals of the families and community. At the end of each program meeting, they join the community for lunch when the program is on site.

Science Resource Building, Room 1732
Palo Alto High School, 50 Embarcadero Road, Palo Alto
Most Sundays 10:30 a.m.-12 noon.
Check at humanists.com for December dates.

The Sharing Circle

Palo Alto High School Student Center, Sundays at 10:30 a.m.
One of several groups that meet prior to the Forum each Sunday where attendees may share any personal feelings or experiences they wish, in an environment of trust and confidentiality.

Free Thought Discussion

Home of Hilton Brown, Wednesday, 7:30 p.m.

Discussion of recent news or a book. For more information check www.humanists.org.

Academic Video

Home of Hilton Brown, Thursday, 8:00 p.m.

View an academic video followed by discussion. For more information check www.humanists.org.

Clinic Defense

Planned Parenthood, any Saturday of the month. 1691 the Alameda, San Jose 8:00 a.m. For information, contact Alex Havasy at havasy@live.com.

Women's Coffee

10:00 a.m. on the fourth Saturday, May 25th, Dinah's Poolside Restaurant again, as usual. We will discuss possible new groups.

Potluck

The May potluck will be poolside at the home of Alex and Sena Havasy in Sunnyvale at 6:00 PM Saturday, May 11th. Contact the Havasys at 408-739-5638 or senahav@gmail.com for additional details.

The June potluck will be at the beautiful home of Carlos and Jacqueline Feder in Palo Alto. It will be at 6:00 PM Saturday, the 15th of June. Contact the Feders at 650-852-9010 or caline@earthlink.net for additional details.

UU Humanist Roots Potluck Dinner and Discussion

Our meetings usually have 15 people. For the potluck, please bring a dish of your choice: salad, vegetarian, dish with meat, or dessert. We usually meet on the first Saturday of every month.

When: Saturday, May 4th at 6 pm (presentation at 7).
Where: Unitarian Universalist Church of Palo Alto
Fireside Room, 505 E. Charleston Road, Palo Alto
Direction to UUCPA:

<http://uucpa.org/main/location.html>

More: <http://www.humanists.org/blog/associated-organizations/>

Bay Area Russell Society (BARS)

Join us at the Thai Pepper Restaurant, 103 East Fremont, Sunnyvale, on May 21 at 7:00 p.m. We hope that our discussions will prove informative, interesting, and perhaps life changing, in making us happier than before.

For more details see: www.meetup.com/philosophy-219

American Humanist Association Annual Conference

The Humanist Community is a chapter of the American Humanist Association. See www.americanhumanist.org.

The American Humanist Association's 72nd Annual Conference will be held at the Bahia Resort Hotel in San Diego, California, on May 30 through June 2, 2013. Check details at <http://conference.americanhumanist.org/>

MAY 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:30 p.m. Free Thought Discussion	2 8:00 p.m. Academic Video	3	4 6:00 p.m. UU Humanist Roots
7 10:30 a.m. Family Program 11:00 a.m. Forum	8	9	10 7:30 p.m. Free Thought Discussion	11 8:00 p.m. Academic Video	12	11 noon Fun Group 6:00p.m. potluck
12 10:30 a.m. Family Program 11:00 a.m. Forum	13	14	15 7:30 p.m. Free Thought Discussion	16 8:00 p.m. Academic Video 3:00 p.m. Welcoming Committee	17	18
19 10:30 a.m. Family Program 11:00 a.m. Forum	20	21 7:00p.m. Bay Area Russell Set	22 7:30 p.m. Free Thought Discussion	23 8:00 p.m. Academic Video	24	25 10:00 a.m. Women's Coffee
26 10:30 a.m. Family Program 11:00 a.m. Forum	27 7:30 Board meeting	28	29 7:30 p.m. Free Thought Discussion	30 8:00 p.m. Academic Video AHA Conference	31 AHA Conference	June 1 AHA Conference
June 2 AHA Conference						

Humanist Community

P.O. Box 60069

Palo Alto, CA 94306-0069

ADDRESS SERVICE REQUESTED

