



TEEN SUCCESS[®]

Supporting Teen Moms And Breaking The
Cycle Of Secondary Teen Pregnancy

Teen Success: A program of Planned Parenthood Mar Monte

- Our scope of services
- Why Teen Success?

Teen Pregnancy

- Almost half of all high school students have had sex
- Approximately **three in ten** teens become pregnant before age 20
- In 2010, 372,175 births to teens in the US
- About **one in five** teen pregnancies are repeat pregnancies
- In CA, **one-fifth** of teen moms will have a second pregnancy within two years

Antecedents of Additional Births

- Age
- Race/ethnicity
- Marital status
- Level of education
- Cognitive ability
- Peer/family norms
- Desire for a second baby
- Parents' level of education
- Economic status
- Living situation
- Violence

Impacts For The Teen

- Education attainment
- Self-sufficiency
- Medical outcomes
- Marital future

Impacts For Their Child

- Cognitive development
- Health outcomes
- Support in the home environment
- Educational outcomes
- Behavior
- Teen parenthood

Programs Addressing Secondary Teen Pregnancy

- State offices
- Community agencies
- Interventions in medical settings
- Interventions in schools

Components of Effective Programs

- Foster close relationships
- Intervene early
- Highly trained staff
- Individualization
- Promote a return to school
- Address educational needs
- Provide education, information, and resources on contraceptives
- Provide childcare
- Encourage a stable home environment (for teen and child)



TEEN SUCCESS[®]

History

- 1990: Teen Success founded in Silicon Valley
- 1999: expanded to Sacramento
- 2004: replication begins
- 2009: Teen Success was awarded the Planned Parenthood Federation of America *Affiliate Excellence Award for Community Education*

Teen Success Today



Program Reach

- Members are pregnant or parenting teens, age 12-18
- 34 Teen Success groups
 - 23 are within the PPMM service area :
 - Central California – Bakersfield (1), Fresno (1), Madera (1), Merced (1)
 - Monterey/Santa Cruz – Salinas (1), Watsonville (1)
 - Silicon Valley – Eastside San Jose (2), Central San Jose (1), Mountain View (1), Santa Clara (1), Gilroy (1), Oakland (1)
 - Sacramento – Sacramento (4), Woodland (1), Yuba City (1)
 - San Joaquin/Stanislaus – Stockton (1), Merced (1)
 - Nevada – Reno (2)
 - 11 replication groups
- Nearly 4,000 teens served in 23 years

Program Goals

- Maintain family size
- Complete high school, vocational school, or GED
- Acquire life skills:
 - Goal setting
 - Relationship/communication skills

Teen Success Today

- Informed by research
- Theory based
- All activities relate back to our program goals
- Documentation

Program Outcomes

- Formal evaluation—deemed “promising program”
- Since 1990-
 - Over 96% of members maintained their family size (98-99% percent since 2004)
 - 90% of members are enrolled in school or completed school
 - 85% of members set goals
 - 80% of members achieved a goal
- Encourage higher education/vocational training through scholarship opportunity

What happens in group?

Resources

- Martin JA, Hamilton BE, Ventura SJ, et al. Births: Final data for 2010. National vital statistics reports; vol 61 no 1. Hyattsville, MD: National Center for Health Statistics. 2012.
- 2010 Birth data are from: Centers for Disease Control and Prevention. National Center for Health Statistics. VitalStats. Retrieved December 21, 2012 from <http://205.207.175.93/vitalstats/ReportFolders/reportFolders.aspx>
- Klerman, L.V. (2004). Another chance: Preventing additional births to teen mothers.
- Washington, DC: National Campaign to Prevent Teen Pregnancy
- The National Campaign to Prevent Teen and Unplanned Pregnancy (<http://www.thenationalcampaign.org>)